I. Course Code: HS 210

II. Course Title: Counseling and Treatment of Addictions

III. Prerequisite: None

IV. Number of Credits: 3

V. Course Instructor: Jennifer Gasparino, MSW, LCSW
   Office Location: A155
   Passaic County Community College
   One College Boulevard, Paterson, NJ 07505
   Telephone: 973-684-4825 (office) or 973-619-2375 (cell)
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   Office Hours: Office hours posted

ADDENDUM TO SYLLABUS AND PROGRAM POLICIES
   and COURSE MATERIALS
   ARE LOCATED ON BLACKBOARD
   AND THE HUMAN SERVICES LIBGUIDE
VI.  **Course Description:**

This course focuses on the student acquiring the clinical knowledge necessary to work in the field of addictions. The diagnostic criteria outlined in the current *Diagnostic and Statistical Manual of Mental Disorders* (DSM) will be discussed. The causes of addiction and methods of treatment will be explored. Defense mechanisms will be reviewed. The student will develop the counseling skills necessary to treat the addicted population.

VII.  **Course Outcomes:**

Upon completion of this course, students will be able to:

1. Summarize and assess research on causes of addiction and treatment approaches
2. Summarize and assess research on diversity, culture, ethical, and legal issues within the addictions agency system
3. Describe the logic, purpose, and function of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) classification system to diagnose substance use disorders
4. Facilitate a counseling session using psychological counseling theories related to substance use disorders

VIII.  **Course Outline:**

- Week 1: Introductions; overview of the course
  - *Read:* Section 1, Chapter 1: *An Overview of Addiction and its Treatment*

- Week 2: What is an addiction and how is it treated?
  - *Review:* Section 1, Chapter 1: *An Overview of Addiction and its Treatment*
  - *Discuss:* Cultural Competency & Diversity, Ethics, and Legal Issues of Addiction Treatment

- Week 3: Understanding Certification Requirements - Certified Alcohol and Drug Counselor (CADC) requirements
  - Educational Hours
  - CADC Application
  - Clinical Hours
  - Written and Oral Exams
  - *Read:* Section 1, Chapter 6: *Causes of Addiction and Treatment Approaches*

- Week 4: Causes of Addiction
  - *Research Paper Topic * due
  - *Review:* Section 1, Chapter 6: *Causes of Addiction and Treatment Approaches*
  - *Read:* Section 3, Chapter 9: *DSM Information for Counselors*, and;
  - *Read:* Section 3, Chapter 3: *Co-Occurring Disorders*
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♦ Week 5: Understanding Substance Use Disorders and Mental Health
  ♦ Diagnosis of Substance Use Disorders and Co-Occurring Disorders
  ♦ Review: Section 3, Chapter 9: DSM Information for Counselors, and;
  ♦ Review: Section 3, Chapter 3: Co-Occurring Disorders

♦ Week 6: Understanding the 12 Core Functions of Addiction Counseling

♦ Week 7: Understanding the 12 Core Functions of Addiction Counseling

♦ Week 8: Understanding the 12 Core Functions of Addiction Counseling
  ♦ Research Paper * due

♦ Week 9: Treatment Approaches, Modalities, and Placement
  ♦ ASAM Criteria – Dimensions of Recovery
  ♦ Review: Section 3, Chapter 8: Stages of Change
  ♦ Review: Section 3, Chapter 6: 12-Step information for Counselors

♦ Week 10: Professional, Personal Growth, and Self-Care
  ♦ Read: Section 2, Chapter 3: Crisis Intervention in Addiction Counseling sections

♦ Week 11: Crisis Intervention in Addiction Counseling
  ♦ Review: Section 2, Chapter 3: Crisis Intervention in Addiction Counseling sections
  ♦ CADC Case Presentation ** due

♦ Week 12: Student Presentations ***

♦ Week 13: Student Presentations ***

♦ Week 14: Student Presentations ***
  ♦ Review for Final Exam

♦ Week 15: Final Exam ****

ALL ASSIGNMENTS MUST BE SUBMITTED THROUGH BLACKBOARD AND WILL BE CHECKED FOR PLAGIARISM. HARD COPIES MUST ALSO BE SUBMITTED TO INSTRUCTOR ON DUE DATE AND MUST MATCH THE SUBMISSION TO BLACKBOARD.
Assignments:
1. Research Paper
2. CADC Case Presentation
3. Presentation
4. Discussion Board
5. Final Exam

Discussion Board
Students will be required to respond to a weekly discussion board question. Each discussion board question will be available for one week; the question will open at 12:01 am on the day of the class and will close at 11:59 pm the day before the next week’s class. For example, if the class meets on Wednesdays, the discussion question will open at 12:01 am on Wednesday and close at 11:59 pm on Tuesday. If there is no response to the question in the time frame allotted, the points allocated to the question will not be received. Response to the discussion board is worth 10% of the final grade. DO NOT ASK FOR THE QUESTION TO BE RE-OPENED IF YOU MISS IT.

* Research Paper – DUE Week 8
Each student will be required to complete a research paper. The paper topic should be geared toward Identifying the Causes of a specific type of Addiction and Evidenced Based Treatment Approaches used in the profession to treat the addiction. Paper topic is due by week four (4) and MUST be approved by the instructor. The body of the research paper should be 4-5 pages in length, in addition to an APA style cover page and a reference page using Times New Roman 12 pt. font. The paper must include a minimum of three (3) scholarly sources including at least one peer-reviewed journal article. This paper must be written and cited using the APA format template provided on the Human Services Program Information LibGuide – DO NOT CHANGE THE FORMAT OF THE TEMPLATE. NO PAPERS WILL BE ACCEPTED AFTER THE DUE DATE. Any papers, including drafts that are turned in past the assigned due date, will receive a grade reduced by 5 points per day.

** Case Presentation – DUE Week 11
Each student will be required to write a case presentation modeled after the case presentation expected by The Certification Board, Inc. for the (L)CADC oral exam. The appropriate format will be provided. NO PAPERS WILL BE ACCEPTED AFTER THE DUE DATE. Any papers, including drafts that are turned in past the assigned due date, will receive a grade reduced by 5 points per day.

*** Presentation
Each student will have the opportunity to present an (L)CADC Case Study, representative of the oral exam required by The Certification Board, Inc. for the (L)CADC. Each student will be required to use their written (L)CADC Case Presentation that is submitted in week eleven (11). Presentations will be assigned to take place during Weeks 12, 13, and 14. If a student is absent on their assigned date for their assigned presentation, a grade of “0” will be given. NO MAKE-UP’S WILL BE ALLOWED.
Final Exam
The Final Exam will include questions similar to questions on the CADC written exam and questions pertaining to diversity, culture, ethical and legal issues within the addictions agency system. The Final Exam will be given during the final exam week and will be taken in the Academic Success Center. Directions to make an appointment for the final exam will be provided two weeks before exam week. NO MAKE-UP EXAMS WILL BE GIVEN.

All written assignments must be written and cited in APA format using the Human Services approved template, which is located on the Human Services Program Information LibGuide. NO LATE PAPERS WILL BE ACCEPTED. Any papers, including drafts that are turned in past the assigned due date, will receive a grade reduced by 5 points per day.

Students are strongly recommended to submit all written work to eTutoring or make use of the Tutoring Center or the Writing Center; however, students are not required to do so. Students who submit their work to eTutoring or utilize the Tutoring Center or the Writing Center will receive additional credit on their assignments. Failure to utilize these tools will be evaluated in the student’s final grade. Students should provide proof of utilization.

eTutoring
eTutoring is a professional tutoring service, paid for by PCCC, provided free to all PCCC students. The URL is www.etutoring.org. Students upload writing assignments (for this or any class) to eTutoring and will receive feedback on their assignments within 48 hours. Information on using eTutoring is available in the Writing Center and at http://pccc.libguides.com/etutoring.

Tutoring Center
Help with all assignments is available at the Tutoring Center on the second floor of the Memorial Building.

Writing Center
Students may take any writing assignment to the Writing Center for extra help. The Center also offers a series of workshops designed to help students with general writing concerns. The Writing Center’s LibGuide (website) is located at http://pccc.libguides.com/writingcenter and gives information about the Center, scheduling appointments, and upcoming workshops. Students MUST make an appointment to use the Writing Center. Information on setting up an account and using WC Online (the scheduling software) can also be found at http://pccc.libguides.com/writingcenter by clicking on the “Make an Appointment” tab.

Students are strongly recommended to visit the Writing Center at least once for assistance on their assignments. Going to the Writing Center unprepared will prevent you from getting help with your writing.

Source Citation Examples
There are examples of source citations at OWL Purdue:
http://owl.english.purdue.edu/owl/resource/560/10/
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IX. Addendum to Syllabus and Program Policies:

The Addendum to Syllabus and Program Policies document located on the Human Services Program LibGuide is part of this syllabus.

X. Text(s), Journals, and Other Materials Used in the Course:

Required Text:

Scheel, K. (2014). *The fundamentals of counseling: A primer* (7th ed.). Santa Fe, New Mexico: Distance Learning Center, LLC.

XI. Methods of Evaluation:

A. Grade Determinants:

- 25% Research Paper
- 20% Case Presentation
- 20% Final Exam
- 15% Role Play/Case Presentation
- 10% Attendance
- 10% Discussion Board

B. Course Grading:

- A  95-100
- A-  90-94
- B+  87-89
- B   84-86
- B-  80-83
- C+  77-79
- C   70-76
- D   60-69
- F   Below 60

XII. Notification for Students with Disabilities:

If you have a disability and believe you need accommodations in this class, please contact Disability Services staff at 973-684-6395 or email ods@pccc.edu to make an appointment. You should do so as soon as possible at the start of each semester. If you require testing accommodations, you must remind the Instructor one week in advance of each test. More info at pccc.edu/ods.

“The best preparation for tomorrow is doing your best today.”  
-H. Jackson Brown, Jr.