MALE SURVIVORS of SEXUAL ASSAULT

AT LEAST 1 IN 6 MEN HAVE BEEN SEXUALLY ASSAULTED IN THEIR LIFE

WHAT IS SEXUAL ASSAULT?

Sexual Assault is actual or attempted sexual contact with another person without that person's consent.

*For more information and definitions, please visit http://www.pccc.edu/titleix

MALE SURVIVOR STATISTICS

- Although males are less likely to report sexual assault than females, about 14% of reported rapes involve men or boys.
- 1 in 6 reported sexual assaults are against a boy under age 18
- 1 in 25 reported sexual assaults are against a man over age 18.
- 1 out of every 10 rape victims are male.
- Males age 18-24 who are college students are approximately 5 times more likely than non-students of the same age to be a victim of rape or sexual assault.
- In 8 out of 10 cases of rape, the victim knew the person who sexually assaulted them.
- 35% of men report significant short-term or long-term impacts such as Posttraumatic Stress Disorder (PTSD) after being assaulted.


COMMON REACTIONS TO MALE SEXUAL ASSAULT

Men and boys who have been sexually assaulted may experience the same effects of sexual assault as other survivors, and they may face other challenges that are more unique to their experience. Men who were sexually abused as boys or teens may respond differently than men who were sexually assaulted as an adult.

If something happened to you, know that you are not alone. The following list includes some of the common experiences shared by men and boys who have survived sexual assault. It is not a complete list, but it may help you to know that other people are having similar experiences:

- Anxiety, depression, fearfulness, or post-traumatic stress disorder
- Avoiding people or places that are related to the assault or abuse
- Concerns or questions about sexual orientation
- Fear of the worst happening and having a sense of a shortened future
- Feel like "less of a man" or that you no longer have control over your own body
- Feeling on-edge, being unable to relax, and having difficulty sleeping
- Sense of blame or shame over not being able to stop the assault or abuse, especially if you experienced an erection or ejaculation
- Withdrawal from relationships or friendships and an increased sense of isolation

Source: https://www.rainn.org/articles/sexual-assault-men-and-boys
REALITIES OF MALE SEXUAL ASSAULT

⇒ Men can be, and are, sexually assaulted every day. It can happen to any guy, regardless of his sexual orientation, size, strength, appearance, occupation, race or culture.

⇒ The incidence of sexual assault involving gay male victims is slightly higher than for heterosexual males, but heterosexual guys can be, and are, sexually assaulted in large numbers.

⇒ The vast majority of male offenders who sexually abuse or assault other men identify themselves as heterosexual. The vast majority of males who target boys for sexual abuse aren't gay.

⇒ Women can and do sexually abuse and assault men, but it rarely gets reported by the survivor.

⇒ Physical stimulation can cause an erection whether the recipient wants it to happen or not. Having an erection or ejaculation is a normal, involuntary physiological response, and does not automatically equate with arousal — or with consent.

Source: https://aasas.ca/support-and-information/men-and-sexual-assault/

SEXUAL ASSAULT CAN HAPPEN TO ANYONE

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<tr>
<th>National Domestic Violence Hotline</th>
<th>Passaic County Sheriff's Department</th>
<th>The Center for Violence Prevention</th>
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<tr>
<td>1-800-779-7233</td>
<td>973-389-5900</td>
<td>973-684-8093</td>
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<tr>
<td>National Sexual Assault Hotline</td>
<td>Passaic County Women's Center</td>
<td>The Office of Student Affairs</td>
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<tr>
<td>1-800-656-HOPE (4673)</td>
<td>973-881-0725</td>
<td>973-684-6309</td>
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<td>Anti-Violence Project LGBTQ</td>
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<td>Center for Student Success</td>
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<td>24hrs English/Spanish</td>
<td>973-881-0725</td>
<td>973-684-5524</td>
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<td>212-714-1141</td>
<td>PCCC Public Safety</td>
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<td>NJ Coalition Against Sexual Assault</td>
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<td>609-631-4450</td>
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KNOW YOUR RESOURCES ON & OFF CAMPUS!