Every person has rights in their relationship. These rights should be respected in a loving and healthy relationship.

- You have the right to personal space and privacy.
- You have the right to boundaries and independence.
- You have the right be treated respectfully.
- You have the right to feel safe.
- You have the right to not be subjected to emotional, physical, sexual, or financial abuse.
- You have the right to not live in fear.
- You have the right to say no.
- You have the right to be treated as an equal.
- You have the right to make your own decisions.

Source: loveisrespect.org/