YOU CAN BE AN ACTIVE BYSTANDER

You can make a difference.

WHAT IS AN ACTIVE BYSTANDER?

In terms of crime, such as sexual assault, domestic violence, and bullying, a bystander is someone who witness the crime but stands by and watches.

An ACTIVE BYSTANDER is someone who steps up and speaks out when they see a crime or dangerous situation occurring.

STEPS YOU CAN TAKE TO BECOME AN ACTIVE BYSTANDER:

- **If you see something, say something.** This can include saying something to the perpetrator directly, calling the police or Public Safety, and/or asking the victim if they are okay.
- Write down license plate numbers.
- Remember details like clothing, make and model of the perpetrator’s vehicle, etc.
- Remember the description of the perpetrator and the victim.

Source: ihollaback.org

THE FIVE D’S OF BEING AN ACTIVE BYSTANDER:

1. **Direct** – You may want to directly respond to violence by naming what is happening or confronting the perpetrator. This tactic can be risky: the harasser may redirect their abuse towards you and may escalate the situation. Before you decide to respond directly, assess the situation to ensure your safety.
2. **Distract** – Distraction is a subtler and more creative way to intervene. The aim here is simply to derail the incident by interrupting it. For example, ask for the time or the date.
3. **Delegate** – Delegation is when you ask for assistance, for a resource, or for help from a third party. This can include brainstorming with other bystanders what to do next or calling Public Safety or the police.
4. **Delay** – Wait until the situation winds down and then approach the person experiencing the violence to see if they are okay and offer support.
5. **Document** – It can be really helpful to record an incident as it happens to someone. ALWAYS ask the victim what they want to do with the recording. NEVER post it online or use it without their permission. Also remember to take down license plate numbers and other important details.

Source: ihollaback.org
THINK BEFORE YOU ACT:

If you ever come across a situation where you could become an Active Bystander, but are unsure if you should intervene, ask yourself some simple YES or NO questions:

1) Is this act consensual between all parties involved?
2) Would you feel comfortable in this situation if you were involved?
3) Does everyone in the situation seem comfortable?
4) Is the act in process completely legal, moral, and ethical?
5) Do you feel comfortable staying quiet by not stepping in or saying anything?
6) Is everyone in this situation seem safe?

If you answered “YES” to most of these questions then this situation doesn’t seem to require any further action, unless factors change such as consent or force.

If you answered “NO” to most of these questions then step in as an Active Bystander, but remember to do so safely.

Source: stopstreetharassment.org

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<th>National Domestic Violence Hotline</th>
<th>Passaic County Sheriff's Department</th>
<th>The Center for Violence Prevention</th>
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<td>1-800-779-7233</td>
<td>973-389-5900</td>
<td>973-684-8093</td>
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<tr>
<td>National Sexual Assault Hotline</td>
<td>Passaic County Women’s Center</td>
<td>The Office of Student Affairs</td>
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<tr>
<td>1-800-656-HOPE (4673)</td>
<td>973-881-0725</td>
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<td>Anti-Violence Project LGBTQ</td>
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<td>212-714-1141</td>
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<td>609-631-4450</td>
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<td>KNOW YOUR RESOURCES ON &amp; OFF CAMPUS!</td>
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