OUTLINE---PLAN FOR TREATMENT

1. **PROBLEM:**

   DSM-5 Diagnosis

2. **PROBLEM DEFINITION:**

   Explain in client’s own words why they are there. Refer to DSM-5 diagnosis.

3. **STRENGTHS:**

   Examples of Strengths: articulate empathetic bright

4. **WEAKNESSES:**

   Examples of Weaknesses: enabler co-dependent people-pleaser

5. **GOALS:**

   Outcome from counseling

6. **YOUR PLAN FOR TREATMENT:**

   This assignment requires research on the type or types of therapy used for the diagnosis or diagnoses in your Case Study. There may be more than one diagnosis.

   This assignment requires students to develop their Plan for Treatment using the knowledge from research, classroom discussions, classroom lectures, and their personal thoughts as if they were developing their own mode of therapy.